Bindoon Bulletin

22 November 2018

Issue 19

Independent Public School

Cricket

T20

2018
We are looking forward to swimming lessons starting next week. It is a great opportunity for our children to show one of our key learning dispositions “taking ownership”. We encourage parents/carers to have children take ownership of getting themselves organised with their swimming gear each day, hanging out wet clothes and towels and packing again the next morning ready for the day. Let’s hope for some nice warm weather next week too!

**Student leadership**

We are so very proud of Olivia and Kendra in Year 5 who organised a disco fundraiser for the endangered Carnaby Black Cockatoo recently. The girls pitched their idea to myself and based on their enthusiasm, ownership and relevance to their learning it was an easy decision for the school to support. The girl’s efforts were outstanding. They made a positive and valuable contribution to the community, demonstrated empathy and made a difference. From the disco proceeds a total of $200 was raised to support a valuable cause. The girls’ efforts reflect they are excellent students and respect the values of our school.

**Planning 2019**

As we near the end of 2018 our thoughts are certainly centred on planning for 2019. I ask parents who have made decisions to not continue their educational journey with us next year to please advise the office, if not already done so. School funding is provided to schools based on student enrolment numbers. Having confirmation of projected enrolments will enable the school to structure classes and staffing for 2019.

**Survey information**

Thank you to the 37 parent/carers who responded to the Parent Survey providing feedback to the school. We also conducted the same survey with 41 year 5 and 6 students and 17 staff. This number of responses provided a strong evidential base to make judgements from the data. From the student survey some extremely positive feedback was gleaned: 91% of students believed their teachers expect them to be their best: 90% believe the school looks for ways to improve: 93% believed their teaches motivate them to learn: 90% believe the school gives them interesting things to do and another 90% saying their teachers care about them. 75% of students agreed that they felt safe at school. As safety of students and staff is an ultimate priority of the school we will look deeper into this to gain further understanding what has made some of our students feel unsafe. From the parent survey, some more overwhelming positive feedback was received. 87% of parents believe teachers expect their child to do their best: 86% feel they can talk to their child’s teacher about concerns: 83% believe their child’s teachers are good teachers and 76% believe teachers care about their child. Another 81% of parents/carers believe the school has a strong relationship with the community. In regards to safety of their children, 73% of parent/carer respondents believe their child feels safe at school.

Whilst all parent, student and staff results showed a significant majority of positive agreement to the survey questions, we will be planning strategies for 2019 to improve upon further, the perceptions and experiences of our entire school community. We understand that not everything is to everyone’s liking but Bindoon is a school that listens and won’t sit still. We are looking for new, creative ways to deliver on our core business and communicate messages that assure the wider community of the excellence of our school.

Don’t forget to make a note of our very important upcoming end of year school events as we celebrate the achievements and progress of all students. We look forward to sharing these special events with you.

Have an awesome weekend!

Glen Bewick

**PRINCIPAL**

**What’s On:**
- Assembly Choir Fri 23rd Nov @ 9:00
- In Term Swimming Starts Mon 25th Nov - Thurs 6th Dec
- Big Day Out Y6 Fri 7th Dec
- Graduation Y6 Mon 10th Dec @ 6:00pm
- Reports emailed home Tues 11th Dec
- Up Day Tues 11th Dec
- Presentation Assembly Wed 12th Dec @ 6:30pm
Healthy habits for a healthy weight

Our modern society makes it very easy for children to gain too much weight too quickly. More than a quarter of Western Australian children are overweight by the time they start school. It is so common that it is difficult to tell what is ‘normal’ anymore as overweight children may not look noticeably large.

As children move through puberty and into adulthood, being overweight often becomes more obvious and more difficult to manage. It is easier for children to move towards a healthy weight before puberty and adulthood.

The good news is that simple lifestyle changes for children and families help everyone. Think about changes that could work for your family, such as:

- more active play (try stopping at a park on the way home from school)
- walking to school two or three times each week
- plan active outings on the weekend
- make food portions a little smaller
- cut out some food treats
- provide fewer soft drinks and fruit juices.

It is important to avoid discussing weight with children. Weight loss and dieting is not recommended for children, unless under medical supervision. Healthy habits help children to ‘grow into their weight’.

Speak to your School Health Nurse or Child Health Nurse if you are concerned about your child’s health or weight.

For more information visit https://raisingchildren.net.au/school-age/nutrition-fitness

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Voluntary Contributions and Charges

Statements were sent home last week for outstanding Voluntary Contributions and Charges. Thank you to those parents who have paid.

Please pay any outstanding amounts (including In Term Swimming) to the office or directly into the school bank account details:

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<th>BSB</th>
<th>633 000</th>
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<tbody>
<tr>
<td>Account:</td>
<td>1334 37343</td>
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Your payment is greatly appreciated.
Congratulations Kaelan—our first student to reach 250 nights home reading!

Bindoon Farmers Market Colouring In Competition
Colour in the Christmas picture (paper copies have been sent home today) and take the completed form to the Bindoon Farmers Market at Clune Park this Sunday 25th November from 8:30—12:30 and collect a small gift from the lucky dip.